



**Emergency Order (Ingham 2020-19)  
Frequently Asked Question**

**Q: If I have recently had COVID-19 and I have completed my isolation, must I still quarantine? Is documentation required to prove this?**

A: If you first tested positive for COVID-19 or first became symptomatic for COVID-19 within the last three months or 90 days, you do not need to quarantine if you were cleared from isolation by the health department which oversaw your case. The risk of reinfection after 90 days is unknown so if you were cleared from isolation by the health department more than three months ago, you must quarantine.

Documentation may be requested to confirm clearance from isolation within the last three months.

**Q: If I was already under quarantine, must I extend my quarantine now?**

Yes. Your exposure date has been adjusted and your end-of-quarantine date was also adjusted.

**Q: The quarantine order makes no exception for work. This will cause financial hardship. What can I do?**

A: If work is critical or an essential function or missed work will cause financial hardship, and your employer agrees, you may work if [safety protocols](#) are followed. Please keep a log indicating the time you left the house and the time you arrived at work, as well as the time you left work and arrived back at the house. Also, please keep a daily log of those with whom you have close contact while at work to facilitate contact tracing should it be necessary.

**Q: Can I attend religious services if I am under quarantine?**

A: Many religious services are available online; that is preferred. If attendance is necessary, it should be limited to small gatherings, less than 25. You must screen yourself for symptoms prior to entry. Use the MSU tool if you are affiliated with MSU. ([The ICHD workplace screening tool can be used in the absence of other tools.](#)) If symptomatic, do not attend.

**Q: What should I do if have additional questions?**

A: Call the COVID-19 Hotline at (517) 887-4517, option 5, or email [inghamstayshome@ingham.org](mailto:inghamstayshome@ingham.org)

**Q: Do you need a warrant to enter people’s residences?**

A: No, we do not. Here is the part of the public health code that states that. If residents refuse to allow the health department to enter, then we will obtain a warrant but it is not necessary.

Inspection or Investigation Authority	§ 2221(2)(d) § 2241(1) § 2433(2)(c) § 2446 Rule 173(9)	Local health departments are authorized to inspect or investigate: – A suspected outbreak or exposure – Any matter, thing, premises, place, person, record, vehicle, incident, or event  Local health investigators to be provided with medical and epidemiological pertaining to individuals who have, are suspected of having, or may have been exposed to a disease or condition of public health significance
---------------------------------------	--	---

**Q: Are people under quarantine allowed to exercise outdoors (walking, running, bike riding, etc.)?**

A: Yes, outdoor exercise is allowed. Wear a mask (or have one available) if 6 feet of social distancing cannot be maintained. You may not visit a gym or other indoor exercise facility.

**Q: Can people quarantine in their permanent residence (a parent’s or guardian’s home)?**

A: It is permissible for house residents to leave and quarantine at home. The travel should be as direct as possible with limited stops. When home, you still must quarantine for 14 days. Please understand that if you do not quarantine, and you are exposed and/or become ill shortly after your return, the house will be under quarantine again.

**Q: Are people allowed to go to the grocery store?**

A: Yes, this is allowed although delivery of groceries is preferred. It is preferable for grocery store visits be planned and done by one person and not by a group of people to reduce the amount of interpersonal interaction that could lead to exposure.

**Q: Are staff members of the house allowed in and out of the house (house mothers, cooks, etc.)?**

A: Yes. Staff provide essential service to the house and must continue to be allowed to do so. They should maintain 6 feet of distance from residents and wear face coverings while in the house.

**Q: Are residents of the quarantined houses evicted?**

A: No, no one should be required to leave the house to quarantine elsewhere. A person may choose to quarantine in their permanent residence, however.

If there are additional questions or concerns, please email them to [inghamstayshome@ingham.org](mailto:inghamstayshome@ingham.org)